

Addressing Urgent Money Issues

What money issues worry you most? You can't magically make concerns disappear. But you can ease your anxiety by identifying key issues, noting the specifics, and creating a plan to move forward step by step.

If you are doing this with someone in your family, monitor your emotional state as you enter into the conversation. If you feel yourself getting overwhelmed; step back, pause, and take some breaths before you engage in the conversation.

What money issue are you anxious about?

What details make you especially worried?

What steps could you take to address the problem (today, this week, or this month)?

Who can help you move forward?
