

**Nathan Dungan** is the founder and president of Share Save Spend®. For over 20 years, Nathan has been an industry thought-leader on helping individuals and families align their money decisions with their values.

---

Nathan speaks and consults with families and organizations on the topic of money and the effects of our consumer culture on money habits.

Money Sanity U® is Nathan's newest resource for organizations. This subscription based virtual learning library is designed to improve individuals and families financial wellbeing by addressing a variety of money topics in a simple and interactive format.



Nathan is also the author of three books and numerous resources including; *Prodigal Sons and Material Girls: How Not to Be Your Child's ATM*, *Money Sanity Solutions: Linking Money + Meaning* and a textbook for high school students; *Personal Finance: A Lifetime Responsibility*.

A study, utilizing Nathan's tools, showed that teaching youth about money can decrease their materialism and increase their self-esteem. The study, published in the journal *Motivation and Emotion*, is the first experimental evidence to demonstrate that decreasing focus on materialistic goals can cause long-lasting improvements in the wellbeing of youth.

---

For more information about Nathan visit [sharesavespend.com](http://sharesavespend.com)



Nathan has been widely quoted in *The New York Times*, *The Wall Street Journal*, *The Washington Post*, *USA Today*, *Business Week*, and *TIME* magazine, and has been a featured guest on CBS, CNN, PBS and public radio's *Marketplace Money* and *On Being* with *Krista Tippett*.

He is the Chair of the Board of Directors of the Campaign for a Commercial Free Childhood and the co-chair of the Board of Directors of Youth Frontiers. Nathan also has served as the chair of the Board of Trustees of Lutheran Social Service of Minnesota Foundation and as the board chair of YouthCARE. Nathan was the recipient of the 2016 Hubler Award for a Multidisciplinary Approach to Working with Family Businesses.

Prior to founding Share Save Spend he was a top-performing financial advisor and vice president of marketing for a Fortune 500 financial services company.

**About Share Save Spend:** The mission of Share Save Spend is to help youth and adults develop healthy money habits that honor their values and enhance their financial wellbeing. We provide a process, as well as, concrete, actionable tools that help people shift effectively from a spend-centric mode to one that balances spending with saving and sharing.

