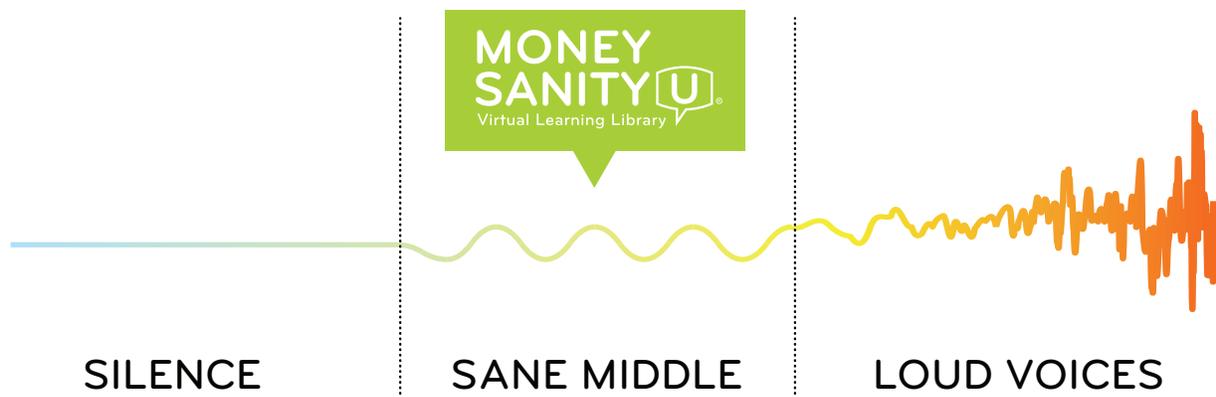


How We Talk About Money

How we talk about money matters. It impacts our quality of life and our wellbeing. Our goal is to help individuals and families have more intentional, purposeful conversations about money to address their most important financial issues.



Improve Financial Wellbeing



Money Sanity U[®] is designed for organizations to provide their clients and employees access to tools and resources to proactively address the topic of money and the role it plays in their lives.



Created by personal finance expert, Nathan Dungan, Money Sanity U[®] offers unique insights and relatable examples—all designed to reduce stress by generating meaningful conversations, actionable ideas, and healthy habits.



Everyone, from a seasoned investor to a college student to a family with young children, will discover simple ways to start learning about money with their family and friends.

#1

Money is the leading source of stress for American adults.

Money Sanity U: Easy to Use, Wherever You Are

What It Is

Learning tracks address a wide variety of money issues. These videos, resources, conversation starters and activities are accessible across a range of devices.

Why It Works

Becoming more confident and successful with money has been shown to increase balance, wellness and health, and to enhance one's quality of life. Money Sanity U's learning environment encourages engagement and conversations as the first steps to improving financial wellbeing.

Some of the More Popular Learning Tracks

- How to Take Action and Improve Your Financial Wellbeing
- Investing Basics and Why It's Important
- What You Need to Create a Successful Budget
- The Benefits of an Allowance for 5–8-year-olds
- The Value of Talking About Money as a Couple
- Healthy Money Habits for College Students

Interested? Email us at
info@MoneySanityU.com.

